

S.O.A.R
Enrich & Empower
Workshops



BELOVED
LOVE TO LEARN, LEARN TO LOVE

Partnering Parents to Raise Future Ready Leaders!

Led by LIM YAU BOON
Beloved Social &
Emotional Learning Lead
and Certified Learning &
Performance Trainer.
Featuring Eugene Seah

Nov-Dec School Holidays Programs for Potential Youth Leaders!

Uncover the hidden potential in your child through our 3-day proprietary workshop that develops critical skills in the area of social and emotional learning, self-awareness, self-confidence, self-esteem, interpersonal communication, leadership and more!!!

**Including ICAN Teen Parenting
Workshop (Dads for Life)**



These are some of the challenges your child may face..

- Cannot cope with stress
- Have trouble expressing themselves or their feelings to their friends and teachers.
- Have a negative view about life or people.
- Poor team player and don't know how to get along with people.
- Shy and not able to communicate.
- Don't get along well with people and find it difficult to relate.



"Success is not just about grades, it is very much also the ability to overcome adversity and failure in life"

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Why do we call it S.O.A.R?

We believe it is not only academic performance that determines the success of our child in life, it is also how they can develop emotional resilience and fortitude that would make them overcomers in all they do!



S.O.A.R

- S - Significance in Who I Am
- O - Overcoming My Fears
- A - Authentic in What I Can Be
- R - Reach New Heights in What I Can Do

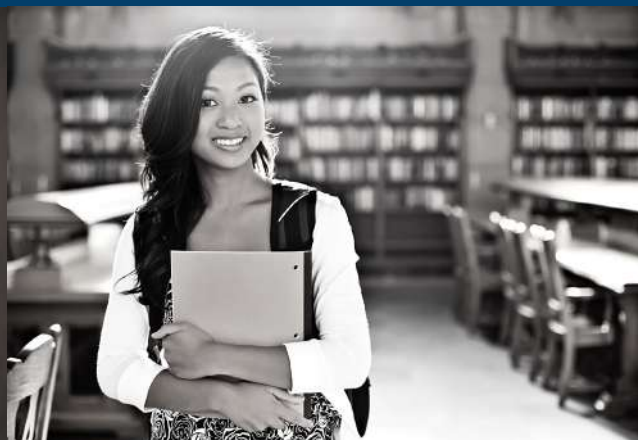
S.O.A.R WORKSHOP A

FOCUSING ON DEVELOPING YOUR
EMOTIONAL AND SOCIAL INTELLIGENCE



MODULE 1

**UNDERSTANDING
YOURSELF AND
OTHERS**



MODULE 2

**SELF-ESTEEM
AND SELF
CONFIDENCE**



MODULE 3

**INTERPERSONAL
COMMUNICATION**

for P5/P6 - 23 Nov, Monday to 25 Nov, Wednesday (9am to 1 pm)

for Secondary 1-4 - 30 Nov, Monday to 02 Dec, Wednesday (9am to 1 pm)

for JC to Poly - 07 Dec, Monday to 09 Dec, Wednesday (9am to 1 pm)

Open to all - 14 Dec, Monday to 16 Dec, Wednesday (9am to 1 pm)

S.O.A.R WORKSHOP B

DEVELOPING FUTURE READY LEADERSHIP SKILLS



MODULE 1

**CONFLICT
MANAGEMENT**



MODULE 2

**TEAMWORK
SKILLS**



MODULE 3

**EFFECTIVE
LEADERSHIP**

for **P5/P6** - 23 Nov, Monday to 25 Nov, Wednesday (2pm to 6pm)

for **Secondary 1-4** - 30 Nov, Monday to 02 Dec, Wednesday (2pm to 6pm)

for **JC to Poly** - 07 Dec, Monday to 09 Dec, Wednesday (2pm to 6pm)

Open to all - 14 Dec, Monday to 16 Dec, Wednesday (2pm to 6pm)



ICAN PARENTING TEEN WORKSHOP

invest **your time** for **your children**



Adolescence should not be a phase that parents merely endure and hope for it to end as soon as possible. It is the Age of Opportunity, according to Laurence Steinberg. Parents have an important role in helping their teenage children grow into successfully independent adults.

In this workshop, parents will gain insights into the mind and behaviour of their teens. They will learn about their teen's cognitive, social and emotional changes and needs.

Parents will also learn how to nurture a close and lasting relationship with their teen by acquiring skills in communication, connection and collaboration.

Parents with 10 or 11 year olds can also attend this workshop to prepare themselves for what is just around the corner!



15 Nov ICAN Parenting Teen (1-6pm)
19 Dec ICAN Parenting Teen (1-6pm)

ICAN Parenting Teen fathers.com.sg/teen



iCAN Parenting Workshop worth S\$100 per couple is included complimentary in the workshop rate!



This Persuasive Speaker Workshop is conducted on Day 3 of the SOAR Workshop for 2 hours. Special bundle price of S\$80 more (normal S\$150)

PERSUASIVE SPEAKER WORKSHOP

Eugene Seah is a father of 3, and global keynote speaker who has travelled to many countries to speak and coach, including Russia, UAE and North Korea. During this 2-hour segment, he will share the top 3 strategies on how to be an engaging and persuasive speaker, and also facilitate discussions on how a good speaker can impact his company, family and even community.

Topic: Top 3 steps to become a persuasive speaker

It's true that some kids are born to be great speakers, but it's also true that with the right techniques combined with consistent practise, any child can become an amazing speaker.

In this 2-hour segment, you will learn:

- Why public speaking is critical (not just nice to have) for every single profession
- What is the #1 most common mistake made by 99% of public speakers
- What are the top 3 steps to take to become a persuasive speaker



You can choose to take ALL or ANY of the modules that fits the need of your child!

S.O.A.R WORKSHOP A/B DATES

Levels	Dates (Mon - Wed)
Primary 5 /6	23 Nov - 25 Nov
Secondary	30 Nov - 02 Dec
JC/Poly	07 Dec - 09 Dec
Open	14 Dec - 16 Dec

WORKSHOP A
(Social-Emotional Learning)
(will be above dates from 9 am to 1 pm)

WORKSHOP B
(Leadership)
(will be above dates from 2 pm to 6pm)

PERSUASIVE SPEAKER
Workshop by Eugene Seah
2 hours on Day 3

All workshops have 3 modules which are 4 hours long each. (12 hrs).

PROMO!

Normal Price Per Module: \$198
Normal Price per Workshop: \$594

- Special Workshop Price*: \$498
- Group of 5 SignUp Promo: \$398
- Early Bird (3 weeks before): \$448
- 2 Workshops Signup: \$798
- Additional Add-On Eugene Seah 2-hr presentation workshop at S\$80 (normal price at S\$150)
- Workshops include iCAN Parenting Teen workshop worth S\$100 per couple.

Note: Terms and conditions apply.



TO BOOK NOW ...



ilovebeloved.com/soar



+65 9022 4161



A portion of proceeds will go towards sponsoring children from low-income families



Trainer with Advance Certificate in Learning and Performance by Institute of Adult Learning.

LIM YAU BOON

Beloved Social & Emotional Learning Lead and Certified Learning & Performance Trainer

Yau Boon has 28 years experience across multiple industries in the Asia Pacific and held leadership position in technology and innovation giants from 2000-2015.

He is also a serial entrepreneur and cofounded several start-up's with social impact focus from 1993-2018. He holds a MBA from Nanyang Technological University, and serves as an adjunct lecturer for self-development module in Singapore Institute of Management, focusing on emotional and social intelligence, leadership and self-management skills.

He has a strong passion to enrich and empower the next generation to be future-ready leaders in the corporate world with an entrepreneurial mindset.





Wow!

AWESOME TESTIMONIES

**"improved my
self-esteem"**

Tan, Yuchelle Yi Xuan

**"self-management is
the most essential
part that will help me
in all my life"**

Hansen, Michaelin



COMMUNICATE CONFIDENTLY

This lesson has taught me a lot because I used to see no point in speaking. I can't express what I want to express. I can now communicate with others confidently. I mastered the nonverbal and verbal communication. I think this skill is very important for my future career. The module has really helped me a lot in personal development.

Gan Yi Qian, Student.

RECOGNISE MY STRENGTHS AND WEAKNESSES

My biggest gain throughout the module is I have a better understanding of myself, I recognized my strengths and weaknesses now. My strengths are things I can rely on and things I can use to push myself forward and weaknesses are something I must overcome and improve. With that, I can now set goals based on my values and achieve it.

Leong Kah Hee, Student

